



**WARRIORS AGAINST  
GENDER-BASED  
VIOLENCE**



# **BEST PRACTICES GUIDE**

**FOR COMBATTING GENDER-  
BASED VIOLENCE**



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# PARTNER ORGANIZATIONS



MOTERŲ  
INFORMACIJOS  
CENTRAS

Moteru Informacijos Centras Asociacija (WIC)

Is an organization, based in Lithuania, focused on enhancing gender equality and combating gender-based violence among youth along with providing assistance to victims of domestic violence.

**M**  **SAIQ** Asociación Colectivo MosaiQ

Is a small queer feminist organization, based in Spain, that specializes in youth work, non-formal education and training, LGBTIQ+ youth development and inclusion, Human Rights Education and European projects coordination and management.

**FNOW** The Future Now Association

Is a youth focused NGO, based in Bulgaria, which implements activities to contribute to the development and activity of young people in the field of innovation, education, gender equality and mental health.



centrs

marta

Centrs MARTA

Is a non-profit organization that provides professional, social, legal services to adult victims of violence and human trafficking, and ensures assistance to women and children in vulnerable or unsafe life situations.



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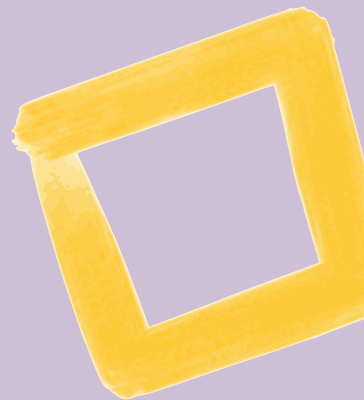


# GUIDE

# INTRODUCTION

This guide is a compilation of best practices from organizations working to end gender-based violence. The aim of this guide is to equip people with the tools they need to create and implement effective interventions in the fight for gender equality.

The creation of this guide was a collaborative effort between multiple organizations and is designed to remain collaborative. If you are interested in adding your own best practices to this guide, please see the conclusion page for instructions.



# GUIDE

# ORGANIZATION

The best practices in this guide are categorized into five distinct types: course, database, research, toolbox, and video.

**Course:** includes lesson plans, teaching materials, or a class.

**Database:** includes a large amount of compiled resources (research articles, country specific information, other best practices, etc.)

**Research:** The best practice is a scientific article.

**Toolkit:** has more than one types of resource (most have several).

**Video:** The best practice is a video.

Each entry includes the a link to the best practice, a description of the best practice, and the target audience of the best practice.

Target audience is divided into three groups: Children (5-11), Adolescents (12-17), Youth (12-30), and Adults (18+).

Below is a sample best practice entry.



**Hyperlinked Best Practice**

**Target Audience**

Description of best practice



# COURSES

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## **OnWatch** **Youth and Adults**

Is a training course to educate individuals about sex trafficking. It includes videos and quizzes with information about how to spot, report, and prevent sex trafficking. Language: English.

## **Papa Schools** **Adults**

Is a manual created to engage men in active fatherhood and caregiving, gender equality, and violence prevention. It includes plans for 14 lessons on various topics such as gender-roles, communication, and domestic violence. Language: English.

## **DOMINO** **Youth and Adults**

Is a project focused on prevention and early intervention of domestic violence. It includes a five part course about domestic violence made up of videos, reading material, and assignments. Language: English.

## **Gender in Youth Work: Perspectives Challenges and Opportunity** **Adolescents and Youth**

Is a program overview and training module from a youth-centered gender equality intervention. It contains an overview of the intervention, workshop lesson plans, and activity ideas for teaching young people about gender equality. Language: English.

## **Adolescent and Youth Psychotherapy Center** **Adolescents and Youth**

Is an organization which provides therapy and mental health support for youth in Latvia. Language: Latvian.

## **Young Men as Champions of Gender**

### **Equality** Adolescents and Youth

Is a training manual for teaching young men and women about gender-based violence and healthy live style. It contains lesson plans and information for teaching topics such as gender, relationships, and identity. Language: English.

## **Youth Group Methodology** Youth

Is a a youth-centered methodology consisting of 17 weekly workshops (90 – 180 min long). These workshops are focused on teaching healthy life skills and about healthy relationships. Languages: English, Latvian, Russian.

## **Methodology for Prevention of Early Sexualization**

### **Online** Adolescents and Youth

Is a course focused on teaching young people how to navigate sexual content online. It includes teaching guides for each of the four sections of the course. Language: Bulgarian.

## **Voices Unheard: LGBT Domestic Abuse and**

### **Gender Based Violence** Adolescents, Youth, Adults LGBTQ+

Is a guide focused on how LGBTQ young people are affected by domestic violence. It contains information and statistics about the prevalence of domestic violence against LGBTQ youth and is designed to be used with other lesson plans or as a stand alone resource. Language: English.

## **The Enhanced Assess, Acknowledge, Act Sexual Assault**

### **Resistance program** Adults

Is an educational series that focuses on reducing sexual assault on university campuses. The program consists of four three-hour units that involve games, lectures, discussion, and application and practice activities. Language: English.

# DATABASE

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## **CASMIDA: Campus Sexual Misconduct in a Digital Age** **Youth and Adults**

Is a project focused on preventing digital sexual misconduct on college campuses. It contains videos, articles, and podcasts about the issue of digital sexual misconduct and technology-facilitated sexual violence. Language: English.

## **Sexual Violence Research Initiative** **Youth and Adults**

Is a large database of information about sexual violence and prevention. It contains a plethora of country specific reports and articles, along with research tools and methods, and online training courses. Language: English.

## **YouthPower** **Adolescents and Youth**

Is a youth-centered resource for preventing gender-based violence. It contains programs, interventions, and courses for gender-based violence prevention among youth of diverse populations. Language: English.

## **VAWnet** **Youth and Adults**

Is a database with thousands of resources on gender-based violence and other related issues. It contains reports, articles, campaign information, and intervention strategies about ending gender-based violence. Language: English.



## **Prevention Navigator** **Youth and Adults**

Is a database of sexual assault prevention programs for college campuses. It is set up so that schools and universities can search for and identify programs that best fit their specific needs. Language: English.

## **Red Dot Foundation** **Youth and Adults**

Is a platform made up of crowdsourced data about sexual violence. The data is used to find patterns, insights, and ultimately create safer public spaces around the world. Language: English

# RESEARCH

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## **We Protect Global Alliance** **Adolescents and Youth**

Is a report from 2021 focused on youth exposure to online sexual harms. It includes findings from an international study about online sexual exploitation of youth, along with recommendations for prevention. Language: English.

## **Promoting School Safety for LGBTQ and All Students** **Adolescents, Youth, Adults** **LGBTQ+**

Is a research article from 2021 focused on creating a safe environment for LGBTQ students in schools. It explores four evidence based strategies for promoting inclusion in schools and recommendations for implementing these strategies. Language: English.

## **Cyber violence and hate speech online against women** **Youth and Adults**

Is a study from 2018 focused on cyber violence against women. It explores root causes, prevalence, existing EU level legal frameworks and recommendations for future action. Language: English.

## **Primary Prevention of Sexual Violence and Harassment Against Women and Girls: Combining Evidence and Practice Knowledge** **Youth and Adults**

Is a final report from 2021 of a primary prevention of sexual violence against women and girls intervention. It contains information about the issue of violence against women and girls along with a detailed analysis of effective interventions for prevention. Language: English.

## **Cyber violence against women and girls** **Youth and Adults**

Is report from a 2017 study focused on the prevalence of cyber violence against women and girls. It explores existing research on the issue, findings from the study, and provides recommendations for preventing cyber violence against women and girls. Language: Multiple.

## **Combating Cyber Violence against Women and Girls** **Youth and Adults**

Is a report from 2022 about cyber violence against women and girls. It highlights existing policy to combat cyber violence on a national and EU level while analyzing potential gaps in that policy, along with providing information about the prevalence of cyber violence and definitions of its different forms. Language: English.

## **Effectiveness of Interventions, Programs and Strategies for Gender-based Violence Prevention in Refugee Populations** **Youth and Adults** **Refugees**

Is a research article from 2016 analyzing the effectiveness of various interventions against gender-based violence among refugee populations. It provides information about the problem and then reviews programs and interventions that are often used to combat gender-based violence among refugee populations. Language: English.

## **Violence Prevention: Primary Prevention Interventions to Reduce Perpetration of Intimate Partner Violence and Sexual Violence Among Youth** **Youth and Adults**

Is an evidence based guide from 2016 on reducing intimate partner violence and sexual violence among youth. It contains research articles, policy recommendations, and violence prevention interventions. Language: English.

# TOOLKIT

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## **Children of the Street** **Children, Adolescents, Adults**

Is a program focused on preventing child sexual exploitation. It contains a series of pdf materials for parents about online exploitation such as red flags, definitions, and tips for creating an online safety plan. Language: English.

## **Let's Talk about Yes** **Youth and Adults**

Is focused on teaching people about consent. It includes campaign starter ideas, tips on content creation, and advice for running workshops. Language: English, French, Spanish.

## **Coalition Against Stalkerware** **Youth and Adults**

Is an organization focused on fighting against technology facilitated abuse. It includes country specific resources for fighting stalkerware, along with definitions, and support for survivors of technology facilitated abuse. Language: English.

## **PROTECT – Preventing sexual and gender-based violence against migrants and strengthening support to victims project** **Youth and Adults** **Refugees**

Contains a plethora of resources for understanding sexual and gender-based violence against migrants. It provides research, shareable flyers, a video, and other information relating to gender-based violence. Language: English but is also available in several other languages.

## **Think Before** Children, Adolescents, Adults

Is a campaign that focuses on the sexual exploitation of children and youth, especially online. It contains videos and other teaching resources for teachers, parents, and youth. Language: Bulgarian.

## **Cyberviolence: What it is and how we can stop it** Adolescents and Youth

Is an article with information about cyberbullying and resources for addressing it. It is formatted as a list of 10 questions teenagers might ask about cyberbullying. Language: Bulgarian.

## **Safeteen** Adolescents and Youth

Is a school-based program focused on giving youth concrete skills to manage personal challenges and difficult life situations. This resource includes a series of pdfs with information about social, physical, mental, and sexual safety. Language: English.

## **Tech for Democracy: Global Partnership for Action on Gender-based Online Harassment and Abuse** Adults

Is an initiative that brings together representatives from governments, multilateral organizations, tech industry and civil society to make technology work for democracy and human rights, not against them. It includes information about organizations working in this field across the EU along with information about upcoming events. Language: English.

## **Mozaika** Adolescents and Youth LGBTQ+

Is an organization focused on LGBTQ+ rights in Latvia. It works to educate young people and public opinion leaders about involvement in civil society activities, including decision-making, and elections. Language: Latvian.

## **Center for specialized complex assistance** **Youth and Adults**

Is an organization focused on domestic violence prevention. It provides assistance to victims of domestic violence and works to create policy that will prevent domestic violence. Language: Lithuanian.



## **Train the Trainer** **Youth and Adults**

Is a curriculum for teaching the principles of healthy relationships. It contains a teaching manual, powerpoints, handouts, and other teaching materials. Language: English, Thai, Karen.

## **CyberSafe: Changing Attitudes among teenagers on Cyber Violence against Women and Girls** **Youth and Adults**

Is a project that promotes healthy relationships and gender equality online. It includes a guide that provides information and tools to prepare and facilitate four workshops on the issues of gender-based online violence. Language: English.

## **Right to Be** **Youth and Adults**

Is an organization focused on empowering people to stand up to harassment. It provides trainings across a number of topics including Bystander Intervention, How to Respond to Harassment, Conflict De-Escalation, Resilience, and more. Language: English.

## **Know It Own It: Your Sexual Rights Matter** **Children, Adolescents, Adults**

Is a guide for teaching young people about consent and healthy boundaries. It contains lesson plans for teaching 8-12 year olds and for teaching 13-18 year olds. Language: English.

## **RESPECT: Preventing Violence Against Women** **Adults**

Is a guide for how national policymakers can prevent violence against women. It provides four areas of focus for policymakers, along with country specific case studies, and additional resources. Language: English.



## **Dream Fighters App** **Children and Adolescents**

Is an app designed to teach young people to challenge gender stereotypes. It was made in collaboration with young people and can be used both in and out of classrooms settings. Language: English.

## **Cooperation to Combat Cyber-bullying and Hate Speech in (Pre-)Primary Schools** **Children**

Is a project focused on teaching children about cyber-bullying. Designed for young children, it contains an app, videos, and lesson plans about recognizing and handling cyber-bullying and hate speech. Language: English.

## **One Love** **Adolescents and Youth**

Is a website dedicated to teaching young people about healthy relationships. It contains educational materials like workshops, guides, handouts, and videos with information about relationships. Language: English.

## **Sexual Violence on Campus: Strategies for Prevention** **Youth and Adults**

Is a report focused on preventing sexual assault on college campuses. It contains several prevention strategies as well as a framework for planning campus wide interventions. Language: English.

## **UNITE to End Violence against Women social media toolkit** **Adolescents, Youth, Adults**

Is a social media toolkit for raising awareness of violence against women. It contains flyers, posters, editorial pieces, and infographics. Languages: Arabic, English, French, Spanish.

## **EU4Gender Equality: Together Against Gender Stereotypes and Gender-Based Violence** **Youth and Adults**

Is a program that seeks to strengthen equal rights and opportunities for women and men by shifting social perceptions around gender roles, tackling gender stereotypes and increasing men's participation in childcare and other domestic responsibilities. This resource includes videos and testimonials from participants in Armenia, Azerbaijan, Belarus, Georgia, Moldova, and Ukraine. Language: English.

## **Hooked on You** **Children and Adolescents**

Is a comic focused on healthy relationships. It is about a high school relationship that turns abusive and highlights characteristics of unhealthy relationships. Language: English, Spanish.

## **Catcalls of NYC** **Youth and Adults**

Is an article about an intervention to raise awareness about sexual harassment on the street. It contains practical advice for handling catcallers along with information about the intervention. Language: English.

## **Lean In** **Youth and Adults**

Contains resources for combatting sexual harassment and discrimination in the workplace. It provides informational articles and videos about the problem along with policy recommendations and steps that individuals and workplaces can take to prevent it. Language: English.

## **Global 16 Days Campaign** **Youth and Adults**

Is a guide focused on domestic violence and women in the workplace. It contains information about the problem, recommendations for promising practices, testimonials, and additional informational resources. Language: English.



## **It Stops Now: Ending Sexual Harassment and Violence in Third Level Education** **Youth and Adults**

Is a campaign focused on raising awareness of the prevalence of gender-based harassment and violence in higher education. It contains training and policy resources, such as educational modules and posters, for staff and students. Language: English.

## **STOP SV : a technical package to prevent sexual violence** **Youth and Adults**

Is a report focused on approaches to preventing sexual violence. It contains among other things: information about the problem, methods for teaching youth about it, strategies for protecting victims, and interventions for creating safe environments. Language: English.

## **Saprea** **Youth and Adults**

Contains resources for survivors of childhood sexual abuse. It provides webinars and support groups for those healing from abuse as well as educational courses for preventing it. Language: English.

## **Supporting students impacted by the sex industry: A handbook for universities** **Youth and Adults**

Is a handbook about university policy surrounding students impacted by the sex industry. It provides definitions and explanations of aspects of the industry along with recommendations for how to support students affected by it. Language: English.

## **Autonomy Foundation** **Youth and Adults**

Contains resources for combatting violence against women and girls. It contains a compilation of publications, films, reports, and social media flyers about violence against women. Language: Polish.

## **5 ways to transform negative gender norms into positive ones**

**Youth and Adults**

Is a five-module toolkit focused on changing norms that tolerate violence. It addresses the root causes of sexual and gender-based violence and ways to prevent it. Language: English, French

# VIDEO

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## **KTConsent** Adolescents and Youth

Is a 20-minute short film focused on the nuances of consent. It tells the story of two young people who remember an evening they spent together very differently. Language: English.

## **Tea and Consent** Adolescents, Youth, Adults

Is a 3-minute video about consent. It compares asking someone's consent with making someone a cup of tea. Language: English.

## **The difference between healthy and unhealthy love** Adolescents, Youth, Adults

Is a 12-minute video about how to recognize unhealthy behaviors in relationships. Language: English.

## **Violence against women -- it's a men's issue** Youth and Adults

Is an 18-minute video that highlights men's role in violence against women and explores how they can be involved in stopping it. Language: English.

# CONCLUSION

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If you would like access to more resources about gender-based violence or would like to add your own resources to this guide, please visit [warriors-gbv.eu](http://warriors-gbv.eu) and follow the steps below.

1. Create an account
2. Click the Interactive Map tab
3. Click the Add New box at the top right corner of the map
4. Add your resource!

